



公 CHOOSE A SAFE NURSING HOME

What to Consider:

- Understand your needs and compare those to the services offered by the facility.
- Research each possible facility to find out how they compare to others in your area.
- Visit the facilities you're considering in person and speak to the staff before making a commitment.





Researching Your Options

You'll find many resources online that will help you identify the options available in your region. A great place to start is the Medicare website. Compare the ratings offered by this and other online resources, and don't hesitate to speak to people you know who might have direct experience with these facilities.



Questions to ask yourself while researching:

- Am I happy with the location of this facility?
- Does this facility rank well compared to other options?
- Does this facility offer services that meet my needs?
- Does this facility accept my insurance?





Scheduling a Visit

Once you've narrowed your options, begin the vetting process by **scheduling a visit to the facilities** you're considering. Prepare questions and identify the services you're most interested in to see if the facility offers them.



Visiting Again Without Notifying Facilities

If you like the nursing home after your initial visit, go again without first notifying the facility. An unscheduled visit gives you the chance to see how the facility looks when no one is expecting you.





What You Want in a Nursing Home

- Competent, responsive staff
- Clean facilities and proper resident hygiene
- A clean dining area where healthy, good-tasting, and appropriate food options are being served
- A good dynamic between the staff and the residents



What You DON'T Want in a Nursing Home...

- A staff that seems overworked
- A high turnover rate among workers at the facility
- Residents that seem depressed, muddled, frightened or inadequately attended to
- Old and poorly maintained facilities





When a Nursing Home Isn't Safe

You can do a great deal of research to determine how safe a nursing home will be for you or your loved one. However, you will ultimately be placing your trust in a facility and its owners, managers, and administrators. If that trust is broken through neglect or abuse, know that you can contact our team to explore your legal options.



